
















# Triggers and symptoms

## Activity sheet

<b>Wheat</b> 	<b>Bee/wasp</b> 	<b>Grass pollen</b> 	<b>Tree pollen</b> 	<b>Horse</b> 
<b>Egg</b> 	<b>Cow's milk</b> 	<b>Dog</b> 	<b>Cat</b> 	<b>Fish</b> 
<b>Medicines</b> 	<b>Dust mite</b> 	<b>Rabbit</b> 	<b>Cosmetics</b> 	<b>Peanut</b> 

**Skin**

**Nose**

**Eyes**

**Tummy**

**Airway**

**Breathing**

**All body**  
(circulation)

